

Kenthurst Public School

111 Kenthurst Road, PO Box 218 Kenthurst NSW 2156 Phone: 9654 1173 Fax: 9654 2586
Email: Kenthurst-p.school@det.nsw.edu.au

Excellence and Innovation in a Unique Community

“The School of Choice”



Issue 17 Term 4 Week 6

Thursday 14 November 2013

Good afternoon parents and friends

Last night, I was delighted to attend the Band Showcase. Mr Geoff Wilson, our bandleader, conducted both bands and introduced the individual performances. The children were fantastic and displayed the skills that they have learned this year. Congratulations to Oliver and Ben for receiving their special Band Achievement awards and special congratulations to Brooke for her outstanding achievement in receiving the Band Masters Award. Next Monday night 18 November at 7.30pm an Information Night will be held for those parents interested in finding out more about our Band programs. Please come along or ring the school for more information.

At this time of year it is really important to check the school calendar and mark in the important dates. This term is very exciting as we celebrate all of the amazing achievements of our students.

Next week our candidates for Leaders of Kenthurst Public School 2014 will be presenting their speeches at our morning assemblies. The standard of applicants is so high this year that we have decided to allow all 15 students to speak. Each morning 4 students will speak to the whole school and voting will take place on Thursday. It is a great honour to be the School Captain / Vice Captain of Kenthurst Public School and I am so proud of all our current leaders.

The school swimming scheme has been a huge success with great improvements in all of our children. Two weeks of intensive lessons has resulted in confidence building and improvement in swimming. A sincere thank you to Mrs Susan Tully and Mrs Edwina Shaw for accompanying the children and being such positive role models.

At the present time we have a student who has been diagnosed with Chicken Pox. Please check if your child has any of the symptoms and see your doctor immediately.



P&C Meeting Wednesday 11th December



Developing literacy and numeracy skills can be fun and enjoyable.

A child who is a skilled reader and writer and who can understand mathematics and solve problems will be able to enjoy an active place in Australian society. He or she will have the ability to communicate confidently, think imaginatively and make informed decisions. These skills will help him or her to continue life-long learning.

Children learn by copying adults. They also learn by playing and doing things themselves. They learn to talk by listening and they learn about reading through listening and by practicing.

Mistakes are part of their learning.

Encourage your child to listen, talk, read, write, think, view and problem solve. There are close links among these skills along with a child’s growing knowledge, understanding, values and attitudes.

These develop as you go about your everyday life.

Yours in quality education,

Caron Dodd

Principal

Visiting Cartoonist “Joffa”



DIARY DATES

15 th November, Friday	-	PSSA Swimming Scheme Ends
18 th November, Monday	-	8am Choir
20 th November, Wed	-	World of Maths – Incursion
21 st November, Thurs	-	Band Scripture
22 nd November, Friday	-	PSSA
25 th November, Monday	-	8am Choir
28 th November, Thurs	-	Band Scripture
29 th November, Friday	-	PSSA
30 th November, Saturday	-	Trivia Night

Date to remember: Christmas Markets by dusk – Saturday 7th December 4pm – 9pm

Term Overviews

Term Overviews are now available for Term 4. On the website go to "School Years" tab and Term Overviews.



Kenthurst Public School – “The School of Choice”

Excellence and Innovation in a Unique Community

Kenthurst Public School App – Skoolbag

Kenthurst Public School now has their own app!!! Check out the features! You'll also find our newsletters there and parent calendar, flexischool information and announcements.



How to install Skoolbag on your smartphone

iPhone Users: Simply search for “Kenthurst Public School” in the App store on your phone, PC or Mac and install. This app is free.

Android Users: Simply search for “Kenthurst Public School” in the Google Play store on your phone, PC or Mac, and install.

Any queries please contact the school.

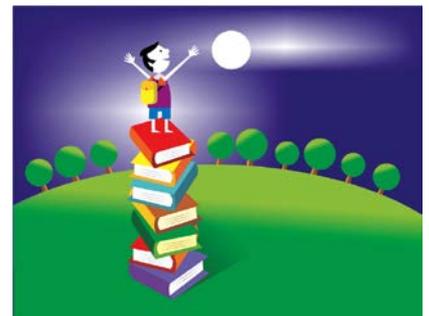
Kirsty McHugh - Computer Coordinator

Library News

A HUGE thank you, to our School Community for our very successful BOOK FAIR. We sold over \$3000 worth of books and goods, with a profit of \$660 to the school.

WELL DONE!!

Kerry Parnaby
Teacher/Librarian



AP Corner

Events for your calendar:-

1. Celebration of Learning Assembly, Monday 9th December in the School Hall at 9.40am.
2. Year 6 Graduation Assembly, Friday 13th December in the School Hall at 10.00am.
3. Year 6 Farewell, Friday 13th December at Dural Country Club 6 -9.00pm

We are in the process of completing Student Leader elections for 2014. School leadership provides an opportunity for students to take an active role in school activities. Year 6 students will be involved in many events that promote leadership development.

Reminder! Selective High School applications for Year 5 entry in 2015 need to be completed online by Monday 18 November. Please contact Mrs Barrat for further information.

Mrs K Barrat - Assistant Principal



P&C Meeting Wednesday 11th December



Our School Website

Don't forget whilst on the school website to check the photos out, we have all the Gold Pin awards and much more. www.kenthurst-p.schools.nsw.edu.au

Science News



The students in stage 1 have been squealing with excitement. They have been learning about forces and why some things float and others do not. Their challenge was to make a sinking ball of clay float by changing its shape. The following students got very excited when they solved the problem.



BAND NEWS

Band Showcase

On Thursday 14th November, families and friends were treated to a wonderful musical performance by our junior and senior band. They played some amazing pieces such as the ‘James Bond Theme’, ‘Hurricane’, ‘Snake Charmer’ and Adele’s ‘Rolling In the Deep’ at the annual band concert.

A BIG thank you to our band instructor Geoff Wilson for the effort he has put in, in teaching our students this year.

We would also like to thank our band coordinator Mom McCusker for her support and diligence in organising school band events.

Senior Band



Junior Band



Kenthurst Public School – “The School of Choice”

Excellence and Innovation in a Unique Community

Our Year 6 students, Ben and Oliver, were presented with the Band Service Award for their excellent contribution to the school band. They will be sadly missed!

Congratulations to Ben & Brooke for receiving the Band Award and Bandmaster’s Award.



More photos from our fabulous night.



P&C Meeting Wednesday 11th December





Band Information Night

To find out how your child can join in the fun at band, please come to our Band Information Night on Monday 18th November at 7pm in the Learning Centre. Representatives from Teaching Services Australia and the Band Committee will discuss the band programme, concerts and events planned for 2014.



P&C Meeting Wednesday 11th December



Swimming Scheme Report

Over the past two weeks 45 students have been attending swimming lessons at Galston Aquatic Centre accompanied by Mrs Susan Tully and myself. The program is predominantly a ‘learn to swim’ program but for those students who can swim they were able to use the lessons to refine their skills.

Once the students were assessed on their first day they were placed into ability groups and taken through a program which catered to their needs. The lessons were facilitated by three DEC swimming teachers and Mrs Tully who took the students through their paces during a 40 minute lesson each day.

Mrs Tully and I were very impressed with the program as we watched students progressing and improving every day from the non-swimmers to the competent swimmers. Everyone benefitted. Not only were the students learning to swim but they also refined their organisational skills and learned about being responsible for their belongings.

Our Kenthurst students didn’t let us down with very few incidences of lost property and great behaviour in the pool and on the bus. Every one of them should be proud of their achievements over these past two weeks.

Edwina Shaw
Organising teacher



NRL GALA DAY

On Thursday 7th of November Stage 3 students represented Kenthurst School at The NRL Gala Day. The Kenthurst Girls 1 team played hard throughout the day. Sophia Jamsek worked hard to attack the opposition line; Madison Johnston and Phoebe White were aggressive in their defence and the whole team persisted in their teamwork. Kenthurst Girls 2 highlights included Isabella Wilton-Dyer scything runs through defences, Jasmine Coles-Souter speeding past outstretched hands if given any space on the wing and Christina Lombardo’s skillfull mark in the face of an attacking line. Due to a forfeit, the girls played against each other. This game included a cameo from one of the supporting mothers. Her determination prevented Safiya Fontinel scoring a number of tries!

The Kenthurst Boys progressed through to the Semi Final, an excellent achievement against 13 other teams. The boys teamed together well. Highlights included Jared Kalischer’s four tries, Ben Anderson and Lachlan Baker’s weaving runs down each wing and tireless defensive work from Mark Kemplen, Nick and Ben Howe, and Connor Williams. Special thanks to the parents and grandparents who supported the teams on the day. Congratulations to the players of each team for competing so hard and demonstrating excellent sportsmanship throughout the day.



The Stephanie Alexander Kitchen Garden Foundation.

Stephanie Alexander is an Australian cook, restaurateur and food writer. She established the foundation with the aim to support schools and children in creating their own productive organic garden, where they will grow and harvest food. They will then prepare the food and they will sit together to taste and share what they have made.

Kenthurst is now a school in this exciting program. Mrs Ristuccia and I spent an informative and at times challenging two days at a SAKGF in-service learning about what this program could look like at our school.

We are fortunate to already have the bones of a vegetable garden here at school. There is however, much work to be done to improve and extend this space.

The canteen area is also on the verge of receiving a complete renovation, which, when completed, will become a dual purpose area being the canteen two days a week and on the other days, the kitchen where the children will prepare their food.

The third crucial element in this program is for the children to sit together tasting and sharing the food. This area could be the picnic tables out under the trees or could be inside a room where we have arranged the tables to form a communal eating area. Where ever it is, these three learning spaces- the garden, the kitchen and the eating area are intrinsically linked to each other and also to the classroom.

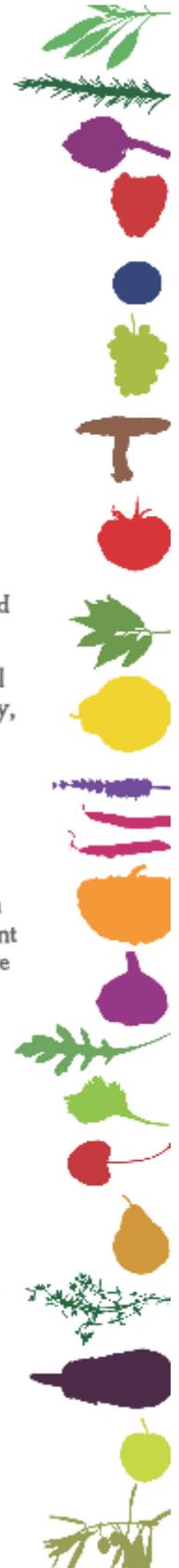
This program will also serve to further enhance the three Kenthurst keys- Respect, Responsibility and Personal Best. The children will, through this program, gain an enhanced respect for the environment and for the work of themselves and others. They will come to more fully understand their responsibility to have a healthy body, to be responsible for the sustainability of their environment, as well as having a responsibility to know where their food comes from. Personal best will be realised when they are immersed in the process of personally growing, preparing and sharing their food.

21st Century learning is what we aim to provide at Kenthurst. This learning is achieved through an integrated curriculum where children learn to be flexible, creative thinkers who can apply skills learnt to other areas of their lives. This learning encourages collaborative learning and team work. The SAKGF program will become part of delivering this aim.

We are looking forward to begin working on this exciting program in 2014 with the support of the parents and community.

Liz Eurell & Melinda Ristuccia





The Stephanie Alexander Kitchen Garden Foundation Philosophy

The aim of the Stephanie Alexander Kitchen Garden Foundation is to introduce pleasurable food education into as many Australian primary schools as possible.

Our Program emphasises the flavours as well as the health benefits of fresh, seasonal food.

Dishes cooked reflect the vegetables, herbs and fruits grown, season-by-season, by the children in their organic gardens.

Our Kitchen Specialist instructors emphasise balance and moderation, and endorse the concept of preparing fruit-based desserts ‘sometimes’ only.

The Program is designed to be fully integrated into the primary school curriculum as it offers infinite possibilities to reinforce literacy, numeracy, science, cultural studies and all aspects of environmental sustainability.

In addition, the Program delivers observable social benefits to all students, including those with special needs.

Recipe Guidelines

Our preferred cooking fat is Australian-grown extra virgin olive oil in most recipes. Where butter is used in recipes, we recommend 100 per cent butter, not compound spreads or margarine. The aim is to have no more than 15 grams of butter per person in any recipe, preferably less.

Our recipes encourage the use of low-fat styles of cheese e.g. ricotta or feta. If cheese is used in a sauce we recommend no more than 25 grams per serve.

Where milk is used in recipes we recommend fat-reduced milk or standard milk, giving the Kitchen Specialist or home cook the option.

Whenever fried food is being cooked, ensure the food is well drained on kitchen paper.

Fruit-based desserts either use fruit in its natural state (e.g. fruit salad) or are prepared using the minimum amount of sugar possible (e.g. poached in light sugar syrup).



The published results of the Victorian Program evaluation by Deakin University in concert with the McCaughey Centre at the University of Melbourne showed that this Program positively influences the behaviour of children. Those children in the Program were more willing to try new foods than those in the control group, and while transfer of Program benefits to the home environment was not one of the goals of the Program, it is emerging as a flow-on benefit.





Trivia night – 2013 November 30

Less than 2 weeks to go to our 2013 trivia night. Come along and join in the fun and frivolity. Organise your tables or we can sort them for you, as long as we beat the teachers (from memory, I think they came 2nd last, last year).

We will have food available for those who pre order. These meals include...

\$25 for Antipasto for 2

- Selection of cold meats
- Chargrilled Asparagus and prosciutto
- Hummus with dukkah and olive oil
- Bruschetta mix with chargrilled bread
- Grissini and Lebanese crisps
- Roasted capsicum and Kalamata olives

\$25 for Vege Antipasto for 2

- As above
- Dolmades and Falafel instead of Meat

\$12.50 Dips plate for 2

- Hummus with dukkah and olive oil
- Chunky tomato Guacamole
- Grissini and Lebanese crisps

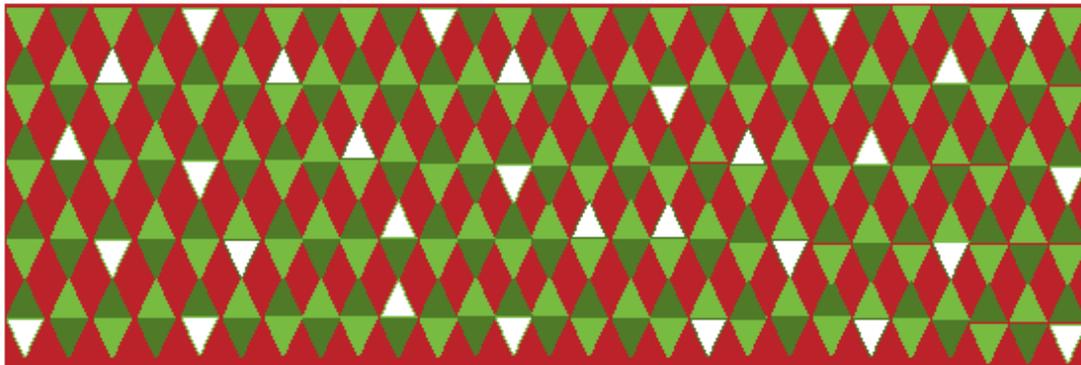
We already have wonderful prizes to auction off during the night but if you think your business can offer something else, in return for a huge plug and a tremendous thank you, please contact us.

Here is what you need to know –

- \$25.00 entry per person.
- Doors open at 6.45pm ready for a 7.00pm kick off
- Order **Tickets** and **Food** through FLEXISCHOOLS or at the SCHOOL OFFICE
- Prizes for the table that wins
- Theme Gangsters and Molls (not essential to dress in theme – but

incentives if you do...)





KENTHURST PUBLIC SCHOOL PRESENTS

CHRISTMAS MARKETS BY DUSK

saturday, december 7th

4:00PM - 9:00PM - FREE ENTRY



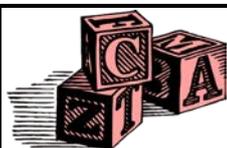
COME ALONG AND BUY YOUR CHRISTMAS PRESENTS ... AND THEN HAVE THEM WRAPPED BY SANTA'S LITTLE HELPERS!

CHRISTMAS SHOPPING ☆ OUTDOOR CAFE ☆ SANTA'S WRAPPING CENTRE



111 KENTHURST RD, KENTHURST





Ellbelle's Preschool and Early Learning Centre

174 Kenthurst Road, Kenthurst 2156
(Opposite Caltex Service Station)
9654 2009

*7:30am to 6pm

* A “NCAC” Accreditation of “High Quality” in all areas of Early Childhood Education *Extensive Transition to School/Pre School Program for children aged 3-5 years

*Children are divided into groups according to age with qualified staff programming for each group

*All meals provided

*Licensed for children aged 6 weeks to 5 years *Some casual days available

*Child Care Benefit available

*50% Childcare rebate on all pre-school



Kenthurst Public School – “The School of Choice”
 Excellence and Innovation in a Unique Community

Go4Fun
 Healthy • Active • Happy • Kids

FREE fun program for kids to become fitter, healthier & happier



Go4Fun Tip: Go4 a healthy breakfast and beat the brain drain!

Do you have a child 7 to 13 years old?
 Are you worried about their weight?
 Go4Fun can help. Now on weekdays & weekends.
CALL NOW TO FIND A PROGRAM NEAR YOU!
1800 780 900
www.go4fun.com.au



Health
 Western Sydney
 Local Health District

Go4Fun
 Healthy • Active • Happy • Kids



FREE fun program for kids to become fitter, healthier & happier

Go4Fun tip: Go4 a healthy breakfast and beat the brain drain!

Register now for next term to find out more!
1800 780 900
www.go4fun.com.au



Health
 Western Sydney
 Local Health District

FREE fun program for kids to become fitter, healthier & happier



Go4Fun Tip: Go4 a healthy breakfast and beat the brain drain!



Call now for more information or to find a program near you!

Go4Fun

Do you have a child 7 to 13 years old?
 Are you worried about their weight?
 Go4Fun can help. Now on weekdays & weekends.

1800 780 900
www.go4fun.com.au



Health
 Western Sydney
 Local Health District



P&C Meeting Wednesday 11th December



SCHOOL ZONE PARKING OFFENCES

Current as at 1 July 2012



Means that in the area in the direction of the arrow, you must **NOT STOP** your vehicle at any point on the road or kerb, unless there is a medical or other emergency.

Maximum Penalty

\$397

+ 2 Demerit Points



Means that you have no more than 2 minutes for drop-offs or pick-ups of passengers or goods and the driver must stay within 3 metres of your vehicle.

Penalty

\$165

+ 2 Demerit Points



Means that in the direction of the arrow or arrows you are not allowed to stop your vehicle unless you are driving a bus.

Penalty

\$298

+ 2 Demerit Points



DOUBLE PARKING

You are **NOT PERMITTED** to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.

Penalty

\$298

+ 2 Demerit Points

- **STOP** in a **NO STOPPING** zone: **\$298 + 2 Demerit Points**, or **STOP** on or near a Children's or Pedestrian Crossing: **\$397 + 2 Demerit Points**
- **STOP** on path/strip in built up area: **\$165 + 2 Demerit Points**
- **STOP** or **Park** in a Disabled Marked Area without a permit: **\$496**

Please Note: fines subject to change without notice.
These penalties apply to offences in school zones during posted school hours.



NSW Police Force
www.police.nsw.gov.au

POLICE SAFETY MESSAGE TO PARENTS AND ROAD USERS NEAR SCHOOLS

The NSW Police Force is committed to the safety of school children within the local area, both inside and outside school grounds.

To reinforce safe driver behaviour around schools, police urge parents and carers to drop off and pick up their children safely from school by adhering to simple parking regulations.

Police have included a list clarifying common parking and driving offences which occur within the immediate vicinity of our schools. The Regulations governing road user behaviour are designed to promote road user safety (including pedestrians) and encourage the free and unimpeded flow of traffic – both pedestrian and vehicular. Every driver needs to adopt responsible and good driver behaviour in and around our schools.

Police, the school, parents and the local community can all work together to ensure the safety of each and every child in a school zone.

Signage

- NO STOPPING** a vehicle must **not** stop in a No Stopping zone
- NO PARKING** a vehicle must **not** stop in a No Parking zone unless the driver:
is dropping off or picking up passengers or goods and does not leave the vehicle unattended and completes pick up/drop off ASAP and in any case in less than 2 mins. (a vehicle is deemed unattended if the driver is more than 3m away)
- BUS ZONE** a vehicle must **not** stop in a Bus Zone unless it is a registered public passenger bus
- CLEARWAY** a vehicle must **not** stop along a sign posted Clearway unless it is a taxi or bus dropping off/picking up passengers

Parking

- It is illegal to:
- Park a vehicle within 10m of an intersection
 - Park a vehicle within 20m of an intersection controlled by traffic lights
 - Double Park
 - Park within 20m approaching a Bus Stop sign and 10m departing a Bus Stop sign
 - Park on a footpath or nature strip (public area between road and adjacent land)
 - Park across a Driveway
 - Not park in direction of travel (wrong side of road)
 - Park within 3m of a continuous centre dividing line or strip
 - Park within 1m of another vehicle
 - Unreasonably cause obstruction to another vehicle or pedestrian

(Note: The list is not exhausted and provides general information. Detailed information regarding specific Rules and Regulations can be found on the RTA web site.)

Drivers are reminded of their requirement to comply with road user legislation.

If you would like any further information on the road regulations or road safety please contact Castle Hill Highway Patrol on 9680 5399. S/Cst Rob Paterson

The Hills Local Area Command
Castle Hill
Cnr Castle Street & Pennant Street C



P&C Meeting Wednesday 11th December



Important Information!!

Below is some information that may impact your travel to and from school, upcoming construction project on Pitt town Road in Maraylya.

Council is undertaking the replacement of two timber bridges on Pitt Town Road in the vicinity of Maguires Rd, near the boundary of Kenthurst and Maraylya.

Construction works on the new bridges are due to commence in the coming week and continue until April 2014 (weather permitting).

Pitt Town Road will be closed between Boundary Road and McClymonts Road from 25th November 2013 until March 2014. A detour will operate along Maguires Road / McClymonts Road that will add 5 – 10 minutes to travel times. The detour is not suitable for large / heavy vehicles so trucks are advised to use an alternative route.

The existing bridges are in poor condition, and this important and urgent upgrade will provide two higher, wider, safer and less flood prone bridges that will benefit the community for many years to come.

