Kenthurst Public School

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Excellence and Innovation in a Unique Community

"The School of Choice"

Term 4 Week 8



Good afternoon Parents and Friends,

It really is hard to believe that we are nearly at the end of the 2017 school year. So many achievements and some wonderful memories to cherish.



Damon at the World Championship Tumbling competition

Congratulations to Year 6 student Damon who has represented Australia in the World Titles in Budapest. After years of training and dedication Damon, together with his mother, flew to the other side of the world competing against many other gymnasts from a variety of countries. This photo shows him in the tumbling mode. He is quite amazing and attempting incredibly difficult moves. Focussed and determined, Damon ranked **11th in the world**. Wow! Congratulations Damon on your remarkable achievement.

Tennis

Good luck to Jessica and David who are finalists in the Mixed doubles Tennis.

Swimming Scheme

The children have thoroughly enjoyed the past fortnight swimming daily. The improvement in their strokes has been fantastic. The pool manager has commented that the behaviour of our children has been exemplary. That's the Kenthurst way!

A huge thank you to Mrs Eurell for her organisation and to Miss Jones and Miss Barbagallo who also conducted swimming lessons themselves in the pool.

Bendigo Bank supports our School

The P&C have worked tirelessly this year and the hard work has resulted in a wonderful donation of \$5,000 towards a *new coffee machine.* Gary Mangan has contacted our President Emma Comito and the school to confirm this and to give ongoing support to Kenthurst Public School. As a community bank, supporting local schools is a priority. Thank you so much Bendigo Bank Galston and your team for supporting our school community.

Our Christmas Choir is going to perform at Galston Bendigo Bank on Monday morning, 9:30 – 10:30am.







Dates to put in your diary

We have a very busy couple of weeks so please be sure to check these dates.

Week 9	
Monday 4 th Dec	Christmas Choir singing Christmas Carols at Bendigo Bank
Tuesday 5 th Dec	Awards Assembly – 9.45 am in School Hall
Wednesday 6 th Dec	Year 6 Farewell at Castle Hill RSL
Thursday 7 th Dec	P&C meeting 7.00pm in the Learning Centre.
Friday 8 th Dec	Dance-a –thon and FREE lunch for all students
Saturday 9 th Dec	Christmas Carols in The John Benyon Rotary Park
<u>Week 10</u>	
Monday 11 th Dec	P&C Dinner at Round Corner
Thursday 14 th Dec	Year 6 Graduation Assembly
Friday 15 th Dec	Movie Day and Farewell to Year 6 - Last day for students
Monday 18 th Dec	Teachers Staff Development Day 1

2018

Tuesday 19th *Dec*

Teachers return Monday 29th January 2018 – Staff Development Day Students return 30th January 2018

Staff Development Day 2

Science, Technology, Engineering, Arts and Mathematics (STEAM)

In 2018, Kenthurst Public School will launch its exciting and innovative STEAM Ahead Program for students in Years K-6. The STEAM Ahead Program will provide a unique opportunity for students and ensures that they are equipped with the necessary skills and knowledge that will give them the edge to succeed in the twenty-first century. Key features of the STEAM Ahead Program include;

- Focus on STEAM education providing the very best teachers and learning spaces to support students to develop an expertise in Science, Technology, Engineering, Arts and Mathematics;
- Specialist teachers running innovative, engaging and hands-on learning programs;
- Student-led inquiry-based design projects with students working with a mentor to nurture individual talent and interest;
- Joint programs with Galston High School including access to high school facilities and specialist staff;



- A range of STEAM extra-curricular programs (including collaborative opportunities with Galston High School);
- Opportunities for collaboration with real-world experts both locally and globally;
- Access to state of the art learning spaces and facilities;
- •Personalised monitoring and tracking of student achievement ensuring each student moves forward with their learning.

We are all looking forward to an exciting fortnight ahead.

Our last newsletter for the year will be on Friday 15th December. To those families heading overseas next week, Happy Christmas and have a wonderful holiday with your families. See you in 2018 [©]

Yours, in quality education.

Caron Dodd

Principal





Diary Dates – 2017

Weeк 9	– Term 4
4 th December, Monday	
5 th December, Tuesday	9.45am Awards Ceremony
6 th December, Wednesday	GHS Orientation Day Year 6 Farewell – Castle Hill RSL
7 th December, Thursday	
8 th December, Friday	DANCE-A-THON
Week 10	0 – Term 4
11 th December, Monday	
12 th December, Tuesday	Stage 3 Surf School
13 th December, Wednesday	K-Factor
14 th December, Thursday	10am Year 6 Graduation Assembly
15 th December, Friday	Movie Day Last Day for Students
Importan	t Dates 2018
	lay – Students Return
2 nd February, Friday	– Kindergarten Start

9th February, Friday – Swimming Carnival



MERIT AWARDS



TERM 4 – WEEK 7

Peter C	KC
Chloe P	
Cooper W	KT
Amelia B	
Tealia C	S1B
Ivie F	
Cooper J	S1E
Laura E	
Mason D	S1G
Noah B	
	S2A
	S2S
	S3H
Riley J	S3S
Joshua C	
	Science
	Library



CONGRATULATIONS

DAMON

Damon represented Australia at the 25th FIG Trampoline Gymnastics World Age Championships in Sofia Bulgaria. Damon competed in the 11-12 age tumbling event and he finished in 11th Place. Great effort.











Kenthurst Rotary

TWILIGHT CAR BOOT SALE & STALLS

16th December 2017 3pm – 8pm

John Benyon Rotary Park

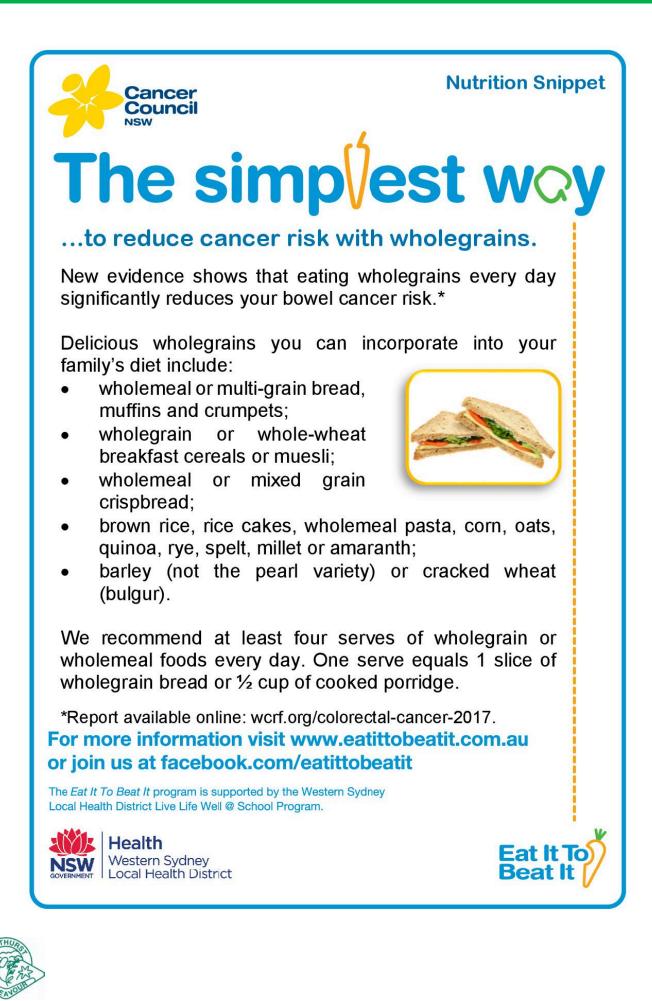
It will be a wonderful community and family event during which those last minute Christmas presents could be found at a bargain price.





Max Tennis Construction Max Tennis Construction Max Tennis Construction Max Tennis Construction Constructi
Camp 1: 13 - 15 Dec '17 Camp 2: 18 - 22 Dec '17 Camp 3: 15 - 18 Jan '18 Camp 4: 23 - 25 Jan '18
V Tons of FUN for 5 - 13 year olds of all standards!
 Camp runs from 9am - 3pm (supervision from 8.30am - 3.30pm). Bring a racquet (or use ours), morning tea & lunch, water bottle, hat & heaps of energy. A FREE sausage sizzle is provided for lunch on the final day of each camp. Enjoy great tennis and the 'Max Cup' challenge with prizes for all players. Learn FUNdamental skills & meet new friends in a safe environment. Tennis is on rain, hail or shine. We have Tennis Australia Certified Leaders (Qualified, WWCC, Insured, First Aid) To join us at the camps Register online by following the link http://maxtennis.com.au/tennis-camp or 2.Contact us via email @ enquiries@maxtennis.com.au or Call 9654 2299 then complete & return this form with payment to 55 Kenthurst Rd,Kenthurst
□ Camp 3: 15-19 Jan '18 □ 5 Days (\$210) or □ Mon □ Tue □ Wed □ Thurs □ Fri (\$45/day)
□ Camp 4: 22-25 Jan '18 □ 4 Days (\$165) or □ Mon □ Tue □ Wed □ Thurs (\$45/day)
Child: 1 DOB Child: 2 DOB
Child: 1
Child: 1 DOB Child: 2 DOB
Child: 1 DOB Child: 2 DOB Referred by: Attends which School: Parents Name:
Child: 1
Child: 1







A1: Always use sun protection when the UV levels are three and above. You may also need sun protection if the UV is below three and you are around highly reflective surfaces or outside for extended periods of time.

A2: The easiest way to find out the daily UV level is to download the SunSmart App and set up a daily alert on your device. Alternatively, you can check the newspaper or the Bureau of Meteorology website.

A3: UV levels are not related to temperature and in most parts of NSW, remain for most of the year. You can't see or feel UV radiation so it is best to check the daily UV level and not rely on temperature.



To help keep your kids safe, check your schools SunSmart status by heading to <u>www.sunsmartnsw.com.au</u>



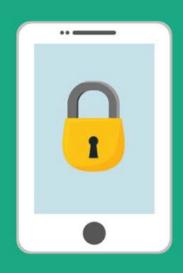




Parental controls can keep kids safe on many screens They can:

Block sexually explicit sites
 Set screen time limits
 Block in-app purchases
 Block numbers and SMS
 Allow or block websites
 Restrict chat features
 Allow parental monitoring





Office of the eSafety Commissioner







Giffice of the Children's eSafety Commissioner

Get in the know – research the 'terms of use' and age requirements on social media services and explain them to your child.

Keep It private - show your child how to use privacy settings to control what others can see. Play nice - encourage your child to respect others online and to always think before posting.

Should my child be on social media?

Parents can sometimes feel the pressure of pester power to allow their children on social media, even if they don't feel comfortable doing so.

While these services are a fun way to stay connected with others, there can be downsides like cyberbullying, risks to privacy and contact from strangers.

If you allow your child to sign up to a social media service, consider these handy tips.

Join in

-create an account

yourself and find out

what your child is likely to

encounter.

Report - show your child how to report inappropriate content, especially cyberbullying.

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Beware of bad eggs
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-teach your child that not everyone they meet online can be trusted, even if they seem nice or friendly.



they feel safe talking

to you about any

concerns.

Learn more -keep up to date with popular social media sites at esafety.gov.au/ quickguide

esafety.gov.au/iparent





Cyberbullying is the repeated use of the internet, mobile phones and other technologies to bully, intimidate and humiliate others. It differs from other bullying because it often continues outside of school and school hours. It can be 24/7 and sometimes you may not know who is behind it.

What does cyberbullying look like?

Cyberbullying might occur over the internet, in instant messaging (IM), social networking sites, blogs or through online gaming. It can also occur over the phone, by SMS or MMS, or voice and video calls.

Why do people cyberbully?

There are a number of reasons why people might cyberbully others, including:

- think it's amusing
- don't like the person
- don't consider it to be a big deal, "it's just words"
- don't believe there are any consequences

 think they can be anonymous
 None of these reasons, or any others, can justify cyberbullying.

What are the effects of cyberbullying?

Things that happen on the internet or mobile phones can have offline consequences. Some of the effects of cyberbullying may be:

- anger
- embarrassment
- fear
- poor performance at school
- loss of confidence and self-esteem
- revenge cyberbullying or retaliation
 self-harm, even suicide

Cyberbullying hurts people. It can ruin lives. There could even be legal consequences for harassing or threatening someone online.

What can you do about cyberbullying?

- Don't start it! Cyberbullying is never acceptable. Think before you post something mean, or send someone a hurtful message.
- Don't be a part of it! As a bystander, you can do something to stop cyberbullying. If someone tries to get you involved in cyberbullying, say NO.
- Don't let it get out of control! You need to tell someone if you are being cyberbullied so that they can help you to make it stop.
- Stand up! Be an active bystander and tell a trusted adult if you see cyberbullying occuring.

How can you stay in control?

- learn how to block and report unwanted communications
- find out your school's policy on cyberbullying
- research what policies your Internet Service Provider (ISP) and any online sites and applications you are using have on cyberbullying
- tell someone!

How can you help your friends?

- support the person who is being bullied you never know when you might need help too
- encourage them to speak to a trusted adult
- don't forward or pass on any cyberbullying materials such as links to humiliating videos or gossip texts
- create a positive culture in your school and community which doesn't tolerate bullying in any form

Most importantly, know where you can go for help! Speak to an adult you trust if something makes you feel uncomfortable. You can also contact:

- Reach Out: <u>www.reachout.com.au</u>
- Bullying. No Way!: <u>www.bullyingnoway.com.au</u>
- Kids Helpline: 1800 55 1800
- Youth Beyond Blue: www.youthbeyondblue.com
- The website, application or phone carrier that you were using at the time





For more information visit www.thinkuknow.org.au





The internet and mobile phones provide great ways to express yourself and communicate with others. It's important to make sure they're used responsibly so that everyone has an enjoyable online experience. It's all about respecting yourself and others.

- Use a strong password, a combination of upper and lower case letters, numbers and symbols, eg P@\$\$w0rd!
- Use secure web browers, those with https at the start of the URL and a padlock or other indication that it is secure, when sharing sensitive information.
- Update your operating system regularly and make sure you have antivirus software installed on your computer and other devices – phones too!
- Avoid opening or responding to emails from people you do not know and aren't expecting – They could contain a virus or malicious software.
- Don't give out private information over the internet or mobile phones about you, your family and friends. Also think about what information might be contained in photos you share.

- Only accept friend requests from people you know and trust. When it comes to friends and followers online it is not a popularity contest!
- Think before you post! Once you've pressed 'Send' you can't get that back. Who might see that photo, video or comment? Where might it end up?
- Make sure your social media accounts are set to private or friends only! Also make sure you check your privacy settings regularly as they can change without you knowing.
- Tell your friends to ask for your permission before uploading or tagging you in a photo – Make sure you do the same!
- Don't post inappropriate or illegal content It is impossible to permanently delete digital content once it has been shared.

Most importantly, know where you can go for help! Speak to an adult you trust if something makes you feel uncomfortable online or on a mobile phone. You can also contact:

- Reach Out: <u>www.reachout.com.au</u>
- Bullying. No Way!: www.bullyingnoway.com.au
- Kids Helpline: 1800 55 1800
- Youth Beyond Blue: <u>www.youthbeyondblue.com</u>
- The website, application or phone carrier that you were using at the time







Office of the Children's eSafety Commissioner

HOW TO REPORT CYBERBULLYING MATERIAL



Report the cyberbullying material to the social media service



Collect evidence - copy URLs or take screenshots of the material

If the content is not removed within 48 hours



Report it to esafety.gov.au/reportcyberbullying



Block the person and talk to someone you trust

If you are in immediate danger, **call 000** (triple zero) If you need to talk to someone, visit kidshelpline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week





KENTHURST FUNZONE VACATION CARE PROGRAMME - P: 0477333116 email: <u>centre@kenthurstbasc.org.au</u>

Light Breakfast Served until 8.30a	m MONDAY - FRIDAY			
Riot Robots Incursion	Pool & Craft Incursion	Del Rio Resort Excursion	BIKE DAY Incursion	Ten Pin Bowling Excursion
Monday 18 th Dec	Tuesday 19 th Dec	Wednesday 20 th Dec	Thursday 21 st Dec	Friday 22 nd Dec
Enjoy the morning playing sport and water activites	Our swim programme runs from 9am to 1pm	BOOK EARLY – LIMITED PLACES Del Rio Resort Come and have a great day at Del Rio Resort	Bike day	Enjoy playing at Windsor Park then go Tenpin Bowling
Spend the afternoon challenging your friends with robots	Don't forget your hat and rashy!	Jump on the giant pillows Have a game of Putt Putt golf BBQ Lunch Then enjoy a bbq in the great parks	for a fun day at the school. Get your bike licence! You must bring a helmet, have closed in shoes and wear sensible clothing.	
	Design your own wind	Departs at 9.30 am and returns	Then we're making Christmas	FUN TOURNAMENT Lunch in the park
Cost \$79.00	chime to take home	at 3 pm	Crackles and taking them home (if you don't eat them first)	followed by ice-creams at Maccas Cost \$60.00

Light Breakfast Served until	8.30am MONDAY - FRIDAY	7		
Movies	Games 2 U	Pool & Craft	Lego Building	BUILD IT DAY
Excursion	Incursion	Incursion	Incursion	Incursion
Monday 15 th Jan	Tuesday 16 th Jan	Wednesday 17 th Jan	Thursday 18 th Jan	Friday 19 th Jan
We're off to the Movies!		Our swimming programme runs from 9am to 1pm	Professional LEGO Workshop	RUNNINGS
		dreas raine		The team at Bunnings Dural are coming along for a morning of making and creating.
We're going to the movies	Roll around in giant hamster	Don't forget your hat and		
to watch the latest release.	balls	rashy!	BECOME A MASTER BUILDER	22
Movie to be		Have a BBQ lunch at the pool	THE LEGO GAMES ARE HERE	
decided by the			CAR BUILDING AND RACING	Afternoon Activities from
children.	Battle your friend in lazer	Spend the afternoon playing board	TALLEST TOWER GAME	<u>1 pm</u> Enjoy an afternoon creating
children.	tag	games and painting	THIS IS NEW TO THE CENTRE SO	colourful chocolates.
Make pizza dough in	Show us your skills on the		COME ALONG AND JOIN IN THE FUN	
the morning and bake	mobile games bus			
your own pizza in the				
afternoon.	Finish the day with making coloured glass jars			
Cost \$65.00	Cost \$79.00	Cost \$55.00	Cost \$70.00	Cost \$55.00

Light Breakfast Served until 8.30	am MONDAY - FRIDAY			
Sports & Craft Incursion	Pool & Robots Incursion	Bike Day Incursion	Inflatable World Excursion	Australia Day
Monday 22nd Jan	Tuesday 23rd Jan	Wednesday 24 th Jan	Thursday 25 th Jan	Friday 26 th Jan
<image/> <section-header><section-header><section-header><section-header><section-header><section-header></section-header></section-header></section-header></section-header></section-header></section-header>	Our swimming programme runs from 9am to 1pm Weight forget your hat and rashy! Make Robots & Kites out of recycled materials Prize for the most innovative kite and robot	GET SLIPEDIHave fun making and playing with slimeBike dayGet your bikes and scooters for a fun day at the school. Get your bike licence!You must bring a helmet, have closed in shoes and wear sensible clothing.	A fun day out at Inflatable World. Join us for a bouncing time with your friends followed by a picnic lunch at Berowra Finish the day with painting and craft.	Centre Closed
Cost \$55.00	Cost \$55.00	Cost \$55.00	Cost \$65	

Light Breakfast Served until 8.30am MONE	DAY - FRIDAY
Sports & Craft Incursion	
Monday 29th Jan	Tuesday 30th Jan
Enjoy a day out at Fagan Park.	BACK TO SCHOOL! Normal Before and After School Care Operations Resume
Board games and in house movies in the afternoon.	
Bake and decorate a cake.	
Cost \$55.00	