



Principal's Report

Kerry Parnaby has been teaching at Kenthurst Public School for over 30 years. She remembers fondly those students who walked up the steps of the Kindergarten room. Some are now Grandparents at our school and many parents can recall the 'steep stairs' and beam with joy when their own children begin Kindergarten. We thank you for all that you have given and continue to give to make Kenthurst 'The School of Choice'.

Congratulations Mrs Parnaby. We know how much you care about our school and the passion you have for student learning and reading!



Our P&C Annual General Meeting was held last night and we congratulate the following people who will be holding these positions in 2020.

<i>President</i>	Emma Comito
<i>Vice Presidents</i>	Kelly Turnbull and Cassie Brockman
<i>Secretary</i>	Sonja Djukic
<i>Treasurer</i>	Rose Barnes
<i>Fundraiser</i>	Krista Guenther
<i>Parent coordinator</i>	Kylie Mote

Our uniform coordinator *Kylie Mote* also presented new bows for our girls to wear. They are gorgeous! White with our school logo. They will soon be available for purchase.

Twilight meetings

Two twilight meetings will be held for staff in the coming weeks. These hours will accrue for the Staff Development Day on Friday 20th December. Kenthurst Staff will be studying Literacy Pro and John Hattie Visible Learning in two separate afternoons.

The last day for KPS staff will be Thursday 19th December 2019.

Sunglasses

With the warm weather approaching please encourage your child to wear the school sunglasses which are especially designed for children playing outdoors.



Could you please inform the office if your child is not returning to Kenthurst PS next year as we are beginning to form classes for 2020.

Thank you

To **David Barnes** and his team of workers and volunteers; a *huge* thank you for all the work you have done and continue to do for our back oval and around the school. Tonnes of soil has been spread, seed planted all to make an amazing play area for our students. In many schools now, a grassed play area is a rarity. Here at Kenthurst PS, it creates a pleasant environment for our students to create and play.

Our P&C have paid **\$5,000** to replace the broken E-Board in KE. The children are so excited that the E-Board has arrived. Thank you so much.

The school has been able to upgrade and purchase quality Chromebooks, laptops and i-pads to enhance the learning opportunities for our students, due to the ongoing support of our Parents and Citizens. Thank you.

Mrs Parnaby and I will be attending a Fire Emergency Course and we will keep you informed of our Strategic Plan and communication procedures, should this be required. Please have a look at the details in this newsletter, the information will also be sent home.

Yours in quality education,

Caron Dodd

Principal

Staff Carparks

We ask that parents refrain from parking in the staff carparks, unless they are using the disabled carpark. This is for the safety of the whole Kenthurst School Community.



Diary Dates

Week 5 – Term 4

11 th November, Monday	Remembrance Day
12 th November, Tuesday	Be Skilled Be Fit
13 th November, Wednesday	
14 th November, Thursday	Kindy 2020 Orientation Scripture / Band
15 th November, Friday	PSSA

Week 6 – Term 4

18 th November, Monday	
19 th November, Tuesday	Be Skilled Be Fit
20 th November, Wednesday	Kindy 2020 Orientation
21 st November, Thursday	Scripture / Band K-6 Assembly
22 nd November, Friday	PSSA

Important Dates

Thursday 5th December – Gold Assembly – 10am
 Tuesday 10th December – Awards Ceremony
 Wednesday 18th December – Students Last Day 2019



Sea Life Sydney Aquarium

On Thursday, 31st October 2019, Kindergarten and Stage One travelled to the heart of Darling Harbour to explore one of the world’s largest aquariums.

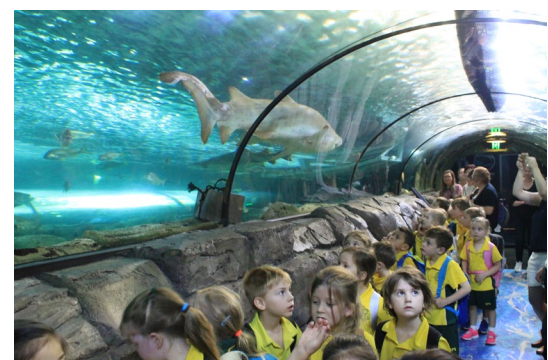
We started our day on a luxurious, air conditioned coach. Both the students and teachers were brimming with excitement – what would we discover on our underwater journey?

Upon our arrival in Darling Harbour, we all sat down along the wharf to have our recess and take in the magnificent view our beautiful city has to offer. It is not every day you get to eat your recess with water lapping near your feet!

After recess, we embarked upon our guided tours of the Sea Life Sydney Aquarium. Our tours took us through amazing underwater zones, such as the Jurassic Seas, Great Barrier Reef, Bay of Rays, Dugong Island and Shark Valley. Each zone became more exciting than the last and it was magical to see the joy upon the children’s faces.

Each group had an amazing underwater adventure. We walked under sharks, over fish, through jellyfish garden and saw Australia’s most famed marine animals. The children learnt amazing facts and even got to touch sea cucumbers and starfish! Fun fact: Did you know that Piggy, the dugong, eats up to 60kg of lettuce every day?

Thank you to all the parents who helped us on the day.

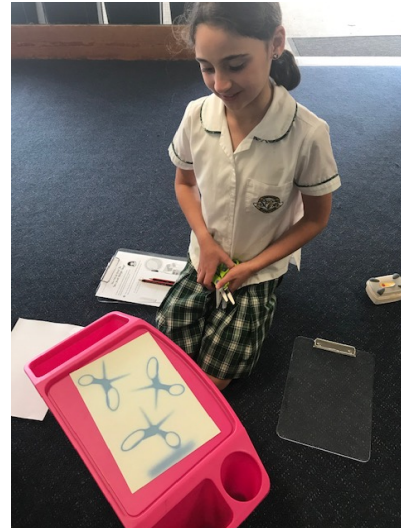


This term in Science – Stage 2

Stage 2 students were experimenting with sun sensitive paper to prove that the sun’s light energy can change things. The sun’s light energy left shapes on their paper after 4 minutes in sunlight.



Only four minutes to wait



Nice results for Annabelle



Waiting for some change and keeping an eye on the timer



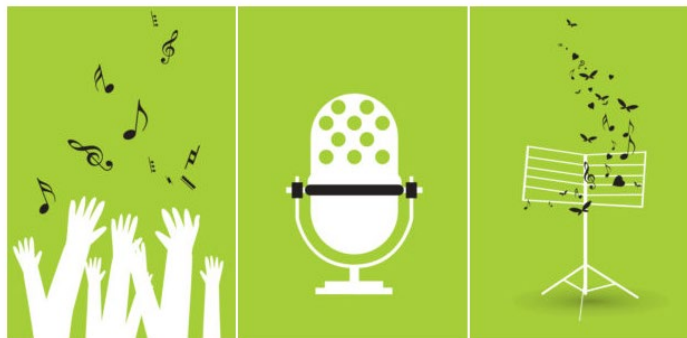
Some of the results

This term in Science – Stage 3

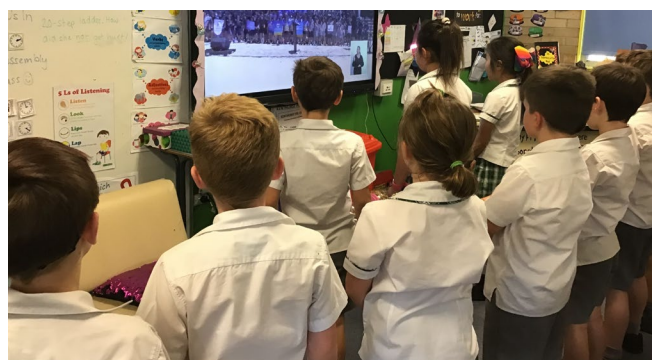
Stage 3 students have been learning about the solar system. In groups they attempted a scale model in the playground. They used a scale and measuring equipment such as a trundle wheel and tape measures. They needed a distance of 129 metres which was very tricky given the many obstacles in our playground. But the exercise led to some good problem solving, maths and group interactions.



Count Us In



At 12.30 on Thursday, the 7th of November, 700,000 students around Australia stopped what they were doing to come together and SING! Kenthurst students participated in the 2019 Count Us In Celebration Day by having class singing parties. We sang 'We Are' along with an orchestra (and all the other students around Australia, of course), via live-stream. The Music Australia event was based in The Gold Coast this year and we really enjoyed sending class messages for the thousand other schools to see! We can't wait for the song for 2020!





CONGRATULATIONS

Marlie has been at the PSSA cricket comp this week. Marlie has played a great game and had a fantastic time.



Kenthurst Public School

111 Kenthurst Road
KENTHURST 2156
Telephone: 9654 1173
9654 1717

Email: kenthurst-p.school@det.nsw.edu.au

5th November 2019

Dear Parent/carer,

I am writing to let you know about arrangements for our school for the current bush fire season.

Our school has been identified as a school at increased risk if a bush fire were to break out on a day when Catastrophic Fire Danger Rating is issued for our area. To ensure the health, safety and welfare of students and staff, the NSW Department of Education has determined that on days when a Catastrophic Fire Danger Rating is issued for our area, the school will temporarily cease operations for the day(s) the rating is current.

A Catastrophic Fire Danger Rating is likely to occur on a very small number of days during the bush fire season, if at all. The school will only receive notification of a Catastrophic Fire Danger Rating after school hours the day before the forecast is issued. To assist us in contacting all parents please ensure that you have provided the school with up-to-date home or after hours contact details.

Information for parents and carers provided by the department about these arrangements is attached.

If an Evacuation is ordered during school hours the following will happen

A: Our Emergency Assembly Point is in the School Hall.

You will be able to collect your children from there when advised by the school via the school app, School Stream. Please refrain from coming to the school until you have been notified.

Your children will be safe.

B: If an evacuation from the school is ordered by the Bush Fire Control Centre your children will be taken by bus to an off-site refuge area determined by authorities. You will also be notified of this should it eventuate via the app, School Stream.

Please contact the school on 0296541173 if you would like further information about this matter.

Caron Dodd
Principal



What to do in the event of local bush fire activity
 Information for parents and carers

	ADVICE ALERT		WATCH AND ACT ALERT		EMERGENCY WARNING ALERT
<p>A bush fire has started, there is no immediate danger, our school will:</p> <ul style="list-style-type: none"> Update student rolls and account for early leavers/absences in our school system Monitor air quality and adjust school activities accordingly i.e. if smoke affected cease outdoor activities Monitor Fire Danger Ratings, <i>Fires Near Me</i> app, <i>Live Traffic NSW</i> app and local ABC Radio Parents/carers will be kept informed via School Stream, Facebook or SMS 		<p>There is a heightened level of threat and bush fire conditions are changing, in addition to the Advice Alert procedures:</p> <ul style="list-style-type: none"> If possible, we will alert parents/carers the day before via School Stream, Facebook or SMS. If the district is affected by heavy smoke, consider keeping students with an Asthma Plan at home. Parents/carers stay updated using the <i>Fires Near Me</i> app, <i>Live Traffic NSW</i> app and/or listen to local ABC Radio School will take action to prepare i.e. provide regular updates of bush fire activity to all occupants and prepare bush fire emergency equipment We will liaise with Local RFS Control Centre for support and advice. If required, we will take action to implement our <i>Bush Fire Emergency Management and Evacuation Plan</i> 		<p>This is the highest level of bush fire alert.</p> <p>Our school will take action to implement our <i>Bush Fire Emergency Management and Evacuation Plan</i></p> <p>We will continue liaising with Local RFS Control Centre and keep parents/carers informed of all actions taken by the school</p>	

<p>SHELTERING PROCEDURES</p> <p>In the event of an approaching bush fire threatening our school premises within X hours, our primary action is to SHELTER IN PLACE</p> <ul style="list-style-type: none"> All occupants will be relocated and accounted for at our designated refuge Parents/carers DO NOT COME TO THE SCHOOL we will be safely sheltering in place and keeping all staff and students calm through activities and games. It's important that parents/carers take measures to activate your family Bush Fire Survival Plan We will continue to keep you informed via School Stream, Facebook or SMS 	<p>EVACUATION PROCEDURES</p> <p>We will be evaluating the safety of all staff and students, with the Local RFS Control Centre, throughout the bush fire event. If the threat is increasing it may be determined that it would be safer for all persons to evacuate to our designated refuge. If an EVACUATION is to occur we will:</p> <ul style="list-style-type: none"> Immediately inform parents/carers via School Stream, Facebook or SMS Safe transportation will be coordinated to relocate all persons to our designated evacuation refuge Information will be provided all parents/carers and arrangements will be made for the safe pick up of all persons from the designated evacuation refuge
--	---



ABN 42 079 722 129
 PO Box 27 Kenthurst NSW 2156
 Unit 31 / 285-287 New Line Rd Dulal NSW 2158
 office hours Monday - Friday 9am - 4:30pm
 phone (02) 9651 7333 fax (02) 9651 7133
 email info@teachingservices.com.au

School Band Program

Dear Parents,

Today your child attended a demonstration concert at school showcasing the instruments available for students to learn in 2020. If you would like more information on the school band program, please return the *Expression Of Interest* below within 5 days to your school office.

Students who have returned this form will have the opportunity to meet with a TSA teacher at school to try various instruments. Following the instrument trial, an Enrolment Pack will be sent home with your child. This will contain detailed information about the school band program, along with information about instrument choice and suitability.

Below is a brief outline of the band program. More information can also be found at www.teachingservices.com.au.



How does the band program work?

Students attend both:

- **Band rehearsal** (all students together in a band) - generally takes place before or after school for 30-60 minutes once a week.
- **Group tuition** (small group or individual lesson) - at school, usually on the same day as rehearsal, and is timetabled with the approval of the school. *Group tuition* has an average of 5 students per group and is encouraged as an easy, social way to begin learning a musical instrument.

Home *practise* is essential, at least 3 or 4 times every week for between 15-20 minutes each practise.

What are the costs?

Rehearsal & Tuition Fees

- Group lessons + Band rehearsal fee = \$195 per term
- OR
- Private lesson fee \$395 per term + Band rehearsal fee \$95 per term = \$490 per term

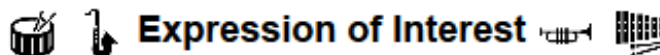
Instrument

- Purchase - expect to pay at least \$600 for a quality new wind/brass instrument
- Hire - TSA runs a rent-to-buy scheme starting at \$43 per month

Other costs include a tutor book (\$20) & music stand (\$25) and TSA resource levy (\$10 per term). Some schools also charge a facility hire levy (\$10-\$30 per term). Some instruments will need items such as cork grease/valve oil (under \$10), or reeds (max \$52)



 Please return this slip to your school office within 5 days to ensure your child is called for instrument testing.



Student Name: _____ School _____

Names of Parents/Guardians: _____ Class (2019) _____

Phone: Mobile _____ Home _____

Email Address: _____
 Please print clearly and carefully to help us correctly enter your details – email is our primary method of contact

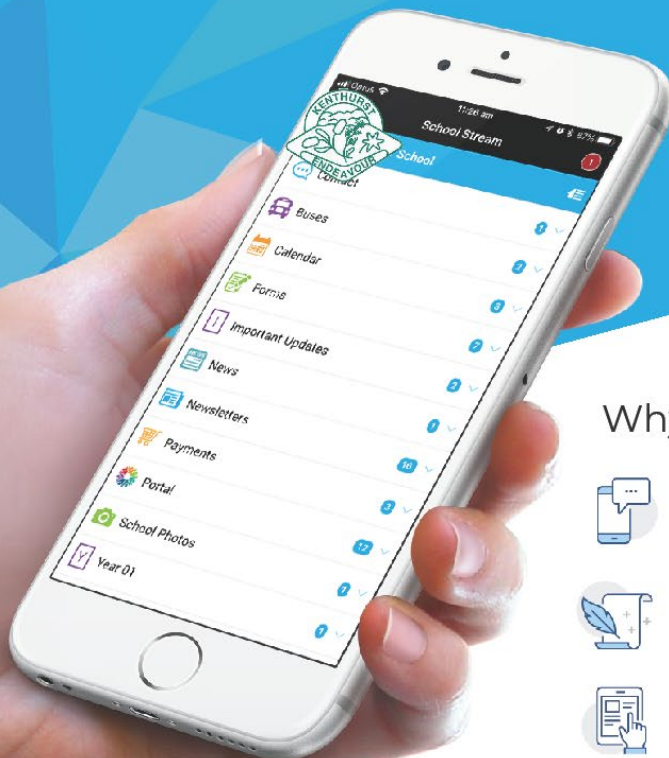
Signature: _____ Date: / /

Office Use Only:
 Instrument test result _____








Download our school app for free!



Why download the app?

-  Receive instant notifications for important news.
-  Easily register absentees and excursions.
-  Keep up to date with events and set reminders.



Download instructions:

1. Go to the App Store and download "School Stream" to your phone.
2. Open the app and type the school's name into the search bar to load the school's profile.
3. Make sure you agree to Push Notifications when prompted.



 facebook.com/SchoolStream
 twitter.com/SchoolStreamApp

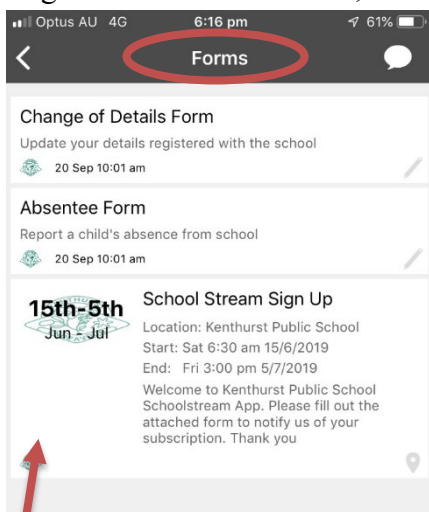
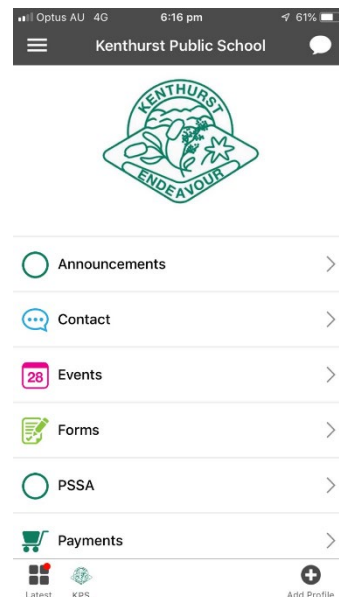
Dear Parents,

Kenthurst Public School is updating our methods of communication with the school community. From Term 3, we will be using an app called ‘SchoolStream’ for a number of everyday school matters. SchoolStream is used in over 800 school’s around Australia. It has proven to be an effective method of making life easier for our parents when it comes to issues of school life.

SchoolStream will become an app to manage including, but not limited to; student absences, notes home to parents, permission slips and payments through the ‘SchoolStream’ app. This app will reduce the chance of students misplacing notes to and from school, allow instant access to forms and signing of permission slips, keep you in the loop with what is happening at school at all times and most of all, make life easier for everyone. Notes will always be available on our SchoolStream app, as well as event times on the app calendar, complete with locations and directions to and from venues.

Over the remainder of Term 2, we will be using the app in conjunction with other programs in existence at the school. We would like **you** to download the app as soon as possible and create an account following the prompts below. We encourage both parents to have this app on their phone/device. Once you have registered to be a part of Kenthurst Public School SchoolStream, an administrator will then approve your request. Following approval, you will be able to access, events, forms and notifications for anything that is happening at Kenthurst Public School. The first thing we would like you to do is fill out the form that says ‘School Stream Sign Up’. Successfully completing this form will allow the school to track the registration of parents from each class.

To log in or create an account, follow the steps below:



1. If this is your first time using the app, you will have a screen to search for your School Profile. Search your School Name and add your School from the dropdown options. **(If you have already added your School, skip this step).**
2. Tap the menu icon at the top left of the App.
3. From the menu, select the top option 'Log in or create account'.
4. You will need to accept our Privacy Policy to create an account. If you accept the Privacy Policy, tap 'I Agree'.
5. Choose to login via Email, Phone or Facebook.
6. Enter the required details and select 'Get Code' **(Facebook login skips this step).**

7. We will send you a code via either Phone or Email, depending on your login option. Enter this code into the App. **(Facebook login skips this step).**
8. That's it! You're logged in, simply tap 'Continue' to start using the App.

Please now complete the SchoolStream Sign Up note that you will locate in ‘Forms’.

Thank you for your time in continuing to work with our school to improve the lines of communication.

"MINI" REFLEXOLOGY TREATMENT

GET RID OF STRESS NOW Reflexology is the whole body reflected on the feet, through a combination of pressure techniques on those reflexes on your feet, it can benefit:-

- Adults dealing with stress, teens (exam stress) children, babies, colic, etc;
- Digestion, Lymph Drainage, Back & Neck, Headaches;
- Hormonal imbalance, excessive worrying, the elderly, after cancer treatment;
- Muscular tension etc, come and receive a "mini" reflexology treatment in our beautiful clinic with aromatherapy, soft background music helping you unwind.

WHERE: At Back on Track Chiropractic, Shop 2, 358 Galston Road, Galston

Every THURSDAY and every 2nd SATURDAY

See **Donna Sweeney, Clinical Reflexologist** Ph: 0410 441 605 & 9654-0841

Fully insured, member of the Reflexology Association of Australia.

Donna can also come to you in her Mobile service to you as a Clinical Reflexologist too.

30 minutes of reflexology \$45.00

60 minutes of reflexology \$75.00



MAJOR SPONSORS 2019



RANANCE

Property

THE Little
gym[®]



*Support your local business
as thanks for supporting us!*



WAREHOUSING & DISTRIBUTION



*Support your local business
as thanks for supporting us!*

HILLS
Organics
natural & organic food



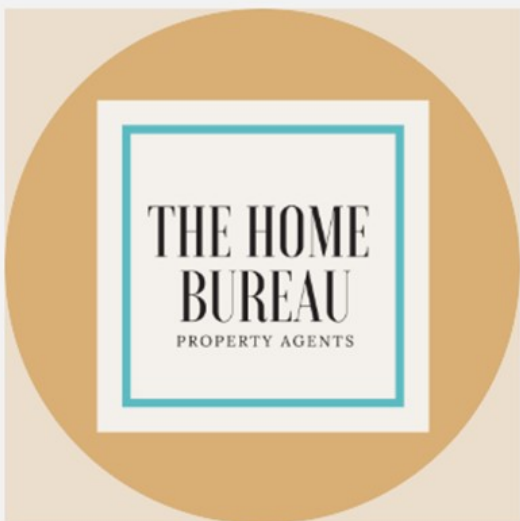
*Support your local business
as thanks for supporting us!*



BSR CUSTOMS PTY LTD

Personal Fire Fighting Trailers
Customised to your requirements
Basic Farm units starting from \$2950
Contact Luke to discuss your requirements

2 Marieba RD
Kenthurst NSW 2156
ABN : 3261.7950562
M : 043 006 8800



*Support your local business
as thanks for supporting us!*



BELINDA BAYNES
ART & DESIGN

FASHION ART DESIGN TEXTILES

HAYES

Building Service Pty Ltd
Licence No 105380C

- Renovations
- Extensions
- Decks
- Pergolas
- Kitchens
- Bathrooms
- Cabinets
- Landscaping

We cover all aspects of building in a clean and courteous manner

Proud to be a Kenthurst resident, servicing the local area and surrounding districts

Call Peter
0411 217 994
Ph/Fax: 9654 0390
•no job too small•

*Essential
Waterproofing*

Whimn
with her in mind

*Prager Family
&
Rapp Family*



springfree[®]
TRAMPOLINE

Engineered For Safety. Built To Last.



*Support your local business
as thanks for supporting us!*

Kashi
Indian

BUNNINGS
warehouse

Waterflow
Plumbing
0488 300 480

Hills
swimming.com 


Saddleworld
DURAL

 **TAYLOR
NICHOLAS**





Nutrition Snippet

The simplest way

... to get the benefits of fibre.

Eating enough dietary fibre helps you maintain a healthy weight and digestive system.

High fibre foods include wholegrain foods such as oats and brown rice, fruit, veg, seeds, nuts and legumes such as chickpeas, beans and lentils.



Top tips to increase your fibre intake:

- Choose wholegrain, wholemeal or high fibre varieties of grain foods e.g. bread, pasta, rice, noodles and crackers.
- Fill at least half your dinner plate with vegetables.
- Reduce the amount of meat in recipes and include more vegetables and legumes.
- Have fruit, vegetables, nuts and seeds as snacks.
- Try our [hummus](#) with vege sticks and wholegrain crackers

healthylunchbox.com.au

